



## Program of the 2<sup>nd</sup> Workshop “Motivation & Healthy Ageing” on 16-17 December 2019

At the Collegium Helveticum, Semper Observatory, Schmelzbergstrasse 25, 8001 Zurich\*

### Sunday, 15 December 2019, for those arriving early

18:00-20:30 Informal get-together

We have made reservations for drinks and light meals at “Linde Oberstrass”, Universitätsstrasse 91, 8006 Zürich\*. Please let us know when you plan to attend.

### Monday, 16 December 2019 – Workshop Day 1

09:00 Welcome to the workshop: Veronika Brandstätter (UZH), Kirstin Kopp (Velux Stiftung), Ritu Sadana (WHO), Mike Martin (Collegium Helveticum)

09:20 2-minute presentations by all participants: 24 views on challenges for motivation and healthy aging research 2020-2030 (moderation: Alexandra M. Freund, UZH)

11:00 Coffee break

11:30 Input by Steve Boker, UVA, and discussion: Conceptualizing dynamic motivation and health systems to address the motivation and healthy ageing challenge

12:30 Lunch at Semper Observatory Library

14:00 Presentation and discussion of the basic idea for the special issue on motivation and healthy aging AND the manifesto/roadmap/advice paper for research on motivation and healthy aging (moderation: Alexandra M. Freund & Mike Martin)

14:30 Small Group Discussions (self-selection into one of the groups):

- (a) Key research questions and central concepts of motivation and healthy aging from person, context, and person x context perspectives (to be part of the special issue).
- (b) Global research roadmap on Motivation and Healthy Aging 2030: Developing the narrative, identifying and advising stakeholders (e.g., research institutions, experts, funding bodies, publishers, decision makers, public, older persons, provider, private sector), specifying added values (to be part of a separate ‘manifesto’ paper).

15:30 Coffee Break

16:00 Continuation of discussion groups

17:30 Overall plenary discussion of small group results

18:00 End of day 1

19:00 Official Dinner at Zunfthaus Zur Saffran, Limmatquai 54, 8001 Zürich\*



## Tuesday, 17 December 2019 – Workshop Day 2

09:00	Global roadmap Healthy Aging 2030 (Ritu Sadana, WHO)
9:30	Small Group Discussions (option to continue in groups of the day before or to change the topic)
11:00	Coffee break
11:30	Continuation of discussion groups
12:30	Lunch at Semper Observatory Library
14:00	Multilateral Maker Space to formulate and advance collaborative projects, specify interdisciplinary situation and context models of motivation and healthy aging
16:00	Coffee Break
16:30	Plenary Discussion of the Next Steps: Reviewing progress, Stakeholder identification, Organizing the network, Acting on the roadmap
17:15	Summary and conclusions (Lukas von Orelli, Velux Stiftung)
17:45	End of day 2; Farewell drinks

\* You will receive more detailed information about directions and addresses of the venue and the other locations about one week before the workshop.